
HOTEL INFORMATION

Billings Conference

Rooms at the following hotels are blocked for the night of April 14 under the “Defeating Diabetes” Workshop. **Participants must make their own reservations by March 31** in order to receive special rates.

Historic Northern Hotel

(406) 245-5121

19 N. Broadway, Billings, MT 59101

Rate: \$60.00, plus tax

Riverstone Billings Inn

1-800-231-7782

880 North 29th St, Billings, MT 59101

Rate: \$55.00, plus tax

Sheraton Billings Hotel

1-800-588-7666

27 N. 27th St., Billings, MT 59101

Rates: \$60.00 single, \$75.00 double, plus tax

Great Falls Conference

Rooms at the following hotel are blocked for the night of April 28 under the “Defeating Diabetes” Workshop. **Participants must make their own reservations by April 14** in order to receive special rates.

Crystal Inn

1-866-727-7788

3701 31st St. SW, Great Falls, MT 59404

Rates: \$59.00, plus tax

Howard Johnson Inn

1-800-266-3410

220 Central Ave., Great Falls, MT 59401

Rates: \$50.00, plus tax

Participants are responsible for making their own hotel reservations; please make them as soon as possible.



MT Nutrition and Physical Activity Program
Montana State University, HDD
PO Box 173360
Bozeman, MT 59717-3360



Communities

Working Together for Healthy

American Indian Families

Defeating Diabetes! Part IV

A continuation of the Defeating Diabetes Conference Series, striving to improve the health of Native American Communities.

Billings Conference

April 15, 2005

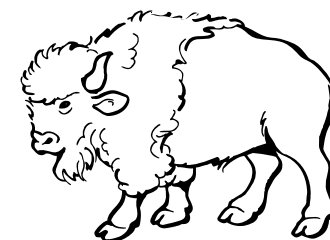
MSU-Billings Center for Lifelong Learning,
downtown campus, room Broadway IIIA
20804 3rd Ave. N., Billings, MT

Great Falls Conference

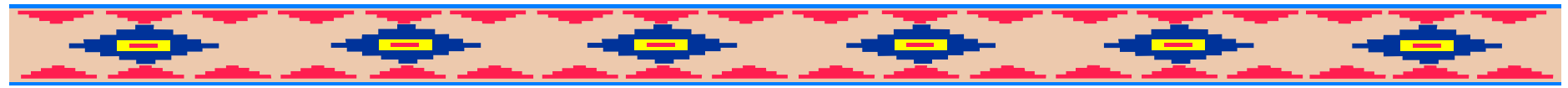
April 29, 2005

Great Falls Civic Center, Missouri Room
#2 Park Drive South, Great Falls, MT

*A learning and sharing opportunity for
community members, schools, parents,
diabetes educators and health professionals
on or near American Indian Reservations.*



*Sponsored by the Montana Nutrition and
Physical Activity Program, in cooperation with
the Montana Team Nutrition Program*



Communities Working Together
for Healthy American Indian
Families

Defeating Diabetes! Part IV

The Montana Nutrition and Physical Activity Program, in cooperation with the Montana Team Nutrition Program, invites you to a conference that will focus on community programs to increase physical activity, improve nutrition, and defeat diabetes!

Who Should Attend?

Community members, school administrators, teachers, nurses, school food service workers, parents, nutrition/diabetes/health professionals on or near American Indian Reservations.

What Will I Learn?

You will learn about successful national and local programs to defeat diabetes in Indian Country, as well as practical tips you can use to eat healthfully, make physical activity a part of your life, be a healthy role model, and prevent diabetes. In addition, you will have a chance to network with other people in your area who are interested in this issue, and your local group will be able to apply for a **mini-grant** to help promote healthy lifestyles in your community.

AGENDA

7:30-8:00 am: **Registration and Light Breakfast**

8:00am: **Conference begins**

Morning Activities:

- **Welcome and Opening Ceremony**
- **Elder's Challenge**
- **National Overview of Diabetes Programs in Indian Country**
- **Physical Activity Presentation**
- **Promoting Healthy Eating and Physical Activity – Families and Parents – panel presentation**

Lunch (provided)

Afternoon Activities

- **Promoting Healthy Eating and Physical Activity at an Early Age**
- **Promoting Healthy Eating and Physical Activity throughout the Community**
- **Physical Activity Presentation**
- **Community Action planning session**

4:30-5:00 pm: **Closing Ceremony and Evaluation**

A special opportunity exists for those who are interested in being part of a **Focus Group** during the **afternoon prior to the Defeating Diabetes conference**. Participants will learn about and discuss nutrition and physical activity as they relate to a healthy lifestyle. Special incentives will be provided to Focus Group participants. **If you are interested in this unique and exciting opportunity, please check the appropriate box on your registration form.**

Continuing Education Credits

will be available from Montana School Food Service Association, the Office of Public Instruction, and the American Dietetic Association.

Funding provided by the MT Nutrition and Physical Activity Program

REGISTRATION

There is no cost to attend; Pre-registration is required

Please PRINT neatly.

Name and Title

Reservation and/or Organization

Address City State Zip

Phone Fax

Email

Please indicate which conference you wish to attend:

☐ **Billings, April 15, 2005 OR**

☐ **Great Falls, April 29, 2005**

I wish to be a part of the FOCUS GROUP the afternoon prior to the conference:

___Yes or ___No

Complete and submit one registration per participant.

Registration accepted by fax or mail.

Fax 406-994-5699

Mail forms to: MT NAPA Program

Montana State University HHD, PO Box 173360,

Bozeman, MT 59717-3360

Extra registration forms are available by contacting

Kristi Thane (406)994-5738; kristit@montana.edu

Registration Deadline is April 8, 2005

A limited number of travel scholarships are available on a first come, first serve basis which will be paid after the conference.

I am in need of a travel scholarship

___Yes or ___No

For questions contact:

Kristi Thane: 406-994-5738, kristit@montana.edu or

Ninia Baehr: 406-994-5686, niniab@montana.edu